

Mary C. Mayhew, Commissioner

Summary of Questions Behavioral Health Home Request for Applications November 21, 2013

Prima	Primary Care practices/Partnerships	
1.	Do BHHOs need to have	Behavioral health organizations do not need to identify their partnering practices with the
	agreements/MOUs	application. However, BHHOs must identify at least one partnering practice along with their
	with practices in place	confirmation status by January 10, 2013, and must have a Memorandum of Understanding
	before the application	(MOU) in place by April 1, 2013 in order to begin providing services. Additional primary care
	is submitted or can this	practices should be identified prior to March 1, 2014 if those practices would like to have
	be done before April	members enrolled and receive payment beginning in April, 2014.
	1st?	
2.	It looks as if the Letter	Correct.
	of Intent form is set up	
	for either a Behavioral	
	Health application or a	
	PCP looking to partner	
	but the actual	
	application form is	
	strictly for the BHHO	
	and you need to	
	identify at least 1 PCP	
	partner in the	
	application – correct?	
3.	Is there an application	Yes: the application for new practices interested in participating in Health Homes will be



process for a Primary Care practice interested in becoming a Health Home Practice?	released on December 2, 2013.
4. How will participating PCPs be able to identify their Stage B members in order to collect the \$15 PMPM?	PCPs will use the online Health Home Enrollment System to identify members and attest that they have performed the minimum billable service to receive payment.
5. On page 4, it states that "MaineCare currently has 159 Health Home practice sites". Does this refer to the Quality Counts pilot sites, which are a mix of PCMH and HH Stage A sites?	Yes: all of these practices are approved to participate in the MaineCare Health Home initiative.
6. Under Paragraph 8 of this section, will MaineCare commit to providing a template MOU/Agreement between HHPs and BHHs to share a starting place for discussions? Is there a template that has	Yes, Mainecare will provide a template for the MOU. This application will be available after the application due date.



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worked well in Stage A that can be customized for BHHs that can be shared? If so, can such a template be shared before the Application Due Date?		
7. What does the Department mean when it states that the PCP and BHHO shall "partner"?	 privacy-protected exchange of he Frequency of communication at be weekly, monthly, quarterly) Procedures for Bi-directional accessinformation; Referral protocols for new memb Collaboration on treatment plans 	cedures and protocols for regular and across the two agencies and other H services to members, including: caff at BHHO and HHP, such as communication to ensure effective and calth information both leadership and practice levels (e.g., ess to member plan of care and other health eers;
Team Structure/Staff		
8. Are there minimum FTE expectations for	Staff	FTE per 200 members
the required team members/components ?	Clinical Team Leader	0.75



	HH Coordinator	7 (children)
		8 (Adults)
	Peer Specialist	1
	Nurse Care Manager	Child: 0.50
		Adult: .75
	Medical Consultant	0.02
	Psychiatrist	2.22
0 147		0.02
9. What is the minimum licensing/credentialing or experiential requirements for BHHO staff delivering services to members?	Please refer to Appendix A.	
10. Do we need to have all of the Health Home roles assigned to individuals before applying?	It is not necessary to have all staff assigned their organizations should have the teams in place be	
11. Does the Behavioral Health team need to reside on site at each location, or can one team serve multiple locations?	Teams can serve multiple locations as long as the requirements for the service, and meet the need MaineCare members.	



12. Please expound on the medication management requirement	Medication management is not a covered service under Behavioral Health Homes: these services are billable under applicable sections of the MaineCare Benefits Manual. Psychiatric Consultation is a part of the BHHO team, and is intended to provide the team and the organization with access to psychiatric consultation on best practices standards in integrating care, and consultation as needed to the team and to the primary care partner.
13. In identifying the credentials for staff, the MHRT certification is listed. This is the certification for those working with adults with serious mental illness under DHHS funding. The certification for those working with children is the Behavioral Health Professional (BHP). Would this be more appropriate for those BHH Providers who have children with severe emotional disturbances?	Separate and distinct credentials for BHHOs serving children with SED are delineated in Appendix A. The BHP credential is for services delivered under Home and Community Treatment and will not be used for BHHO staff.
14. Do all positions need to be FTE or based on the	They can be prorated based on the number of members served.



population served?	
15. Will assumptions for	The Mainecare rule is still being drafted, and it is not yet determined whether this will be
the staffing ratios be	included in the language.
included in the	
MaineCare Rule?	
16. The RFA states that the	The nurse care manager will be an integral part of the team, assisting the team in developing
team will consist of	and implementing plans of care for members.
"Nurse Care Manager"	
with a wide variety of	The primary care consultant is intended to provide the team and the organization with access
levels of	to medical consultation on best practices standards in integrating care, and consultation as
expertise/credentials	needed to the team.
and "Primary Care	
Consultation" with no	Please see Appendix A for additional information on credentialing.
listed requirements of	
expertise/credentials.	
Please differentiate the	
different	
services/tasks	
MaineCare envisions	
each of these team	
members providing as	
well as the intended	
credentials for the	
team member entitled	
"Primary Care	
Consultation".	
17. Can you provide more	Providers wishing to provide BHH services for adults will need to include a CIPPS-certified
information about	Peer Specialist on their team. For more information on the requirements for this
what a "Certified	certification, please go to



Intentional Support	http://www.maine.gov/dhhs/samhs/mentalhealth/wellness/intentional peer.shtml
Specialist" is, how that	
certification is	
obtained, and how a	
provider would locate	
peer support	
specialists with that	
certification? Will	
there be a	
requirement for this	
certification or any	
specific peer support	
training for a peer to	
serve as the Peer	
Support Specialist in	
the BHH team?	
18. If "team" members can	Organizations must ensure that all members of the team are properly licensed, certified, and
be included without	supervised to provide designated services.
being employed by the	
BHH what specific	
agreements or	
contracts are required	
to meet the	
Department's criteria?	
Members with intellectual/	developmental disability
19. Will any individuals	Individuals who have co-occurring ID/DD and serious emotional disturbance/ serious mental
with ID/DD who	illness may choose to receive BHH services. However, these individuals will no longer be able
receive TCM now be	to receive Targeted Case Management (TCM) or Section 17 Community Integration (17.04-1)



eligible for BHH services?	services.
20. Children who have a primary diagnosis of autism/ID, but also a Mental Health diagnosis, will be assigned to a behavioral health home. Can children like this be in stage B? Are children with Autism alone only allowed in Stage A? Will the care coordinator be responsible for writing the PCP plan that is required under ID CCM?	Children with autism may be enrolled in the BHH if they meet diagnostic and functional eligibility criteria. Children with autism are also eligible for services in Stage A. BHH are responsible for delivery of services as described in the State plan Amendment and MaineCare regulation. The BHH SPA and MaineCare regulation will not incorporate requirements from ID/DD services.
21. Can kids with Autism (or on the spectrum) be enrolled in Behavioral Health Homes?	Children with autism may be enrolled in the BHH if they meet diagnostic and functional eligibility criteria.
22. If a client is getting Community Case	No, only children Behavioral Health TCM or adults receiving Sec 17 Community Integration (17.04-1) <u>and</u> whose current TCM or CI provider is participating in BHH will be automatically



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	Management (ID services) and they are also accessing section 17 Skills Development services do they automatically get enrolled in a BHH? How will this work if they are accessing waivered services under ID services such as section 29 and also	enrolled. Members receiving other case management services (TCM/CCM) will not be automatically enrolled, but may elect to participate if they meet eligibility criteria. However, they will no longer be able to receive TCM/CCM if enrolled in the BHH.
	as section 29 and also accessing Section 17	
	skills development. A	
	client has to have a	
	CCM to get waivered	
	services.	
	23. Will the client have to end section 17 services	Mainecare members receiving CCM/ID services will not be automatically enrolled. If they are eligible for BHH services, they can choose to participate, but they would no longer receive
	in order to keep CCM	TCM/CCM or Section 17.04-1 (Community Integration) services. They may receive other
	and waivered services?	Section 17 services that do not duplicate BHH services.
	Role of APS	
	24. What role will APS play – will clients be approved for the BHHO in APS?	Yes, members will be prior authorized for Behavioral Health Home services via the APS process.



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25. The RFA discusses
"periodic review" of the
comprehensive plan of
care/person-centered
plan in several places.
What is the
MaineCare's desired
schedule of such a
periodic review, and
will there be templates
provided for those
reviews?

The Plan of care will be revisited and reviewed by the BHHO and the member every 90 days. There is no plan to develop a template at this time, but guidance will be provided.

26. What reporting requirements will continue or potentially change with regard to APS and what will the frequency of APS reporting requirements be? Is this the quarterly Quality Improvement reports referred to in the RFA?

Providers for adults will still be required to submit the ISP every 90 days and comply with consent-decree related reporting.

The quarterly reporting is a separate requirement: this is a self-assessment that identifies progress toward implementation of Core expectations and BHHO functional components, and is used both to track progress and identify training needs as a part of the Learning Collaborative.



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27. Given the expectations for the BHH services, please explain why APS will continue to have a role in the management?

APS will continue to assist in tracking information relevant to SAMHS for the BHH-eligible population, and will also assist in PA and continuing stay review. APS will continue to assist DHHS in ensuring that the member is receiving services at the right level and in the right amount.

Eligibility

28. Is MaineCare able to describe in detail its interpretation of the Federal definition of "serious emotional disturbance" for children?

MaineCare is in the process of revising its Children's BH TCM criteria to incorporate the DSM V and the CANS assessment tool. Behavioral Health Homes will align with this definition of children with serious emotional disturbance. Draft eligibility criteria for BHH is as follows: Serious Emotional Disturbance. Children members must meet the following criteria. Eligibility must be supported by written diagnosis(es), rendered by a physician, a physician assistant, or an independently licensed clinician, within the scope of the professional's license, and the diagnosis(es) shall be documented in the member's Plan of Care:

- 1. Members must have received an Axis I or Axis II mental health diagnosis(es) as described in the Diagnostic and Statistical Manual of Mental Disorders IV, or a mental health diagnosis under the Diagnostic and Statistical Manual of Mental Disorders V, or a diagnosis described in the current version of the Diagnostic Classification of Mental Health and Developmental Disabilities of Infancy and Early Childhood (DC:0-3), except that the following diagnoses are not eligible for services in this section:
- (a) Learning Disabilities in reading, mathematics, written expression;
- (b) Motor Skills Disorder;
- (c) Learning Disabilities Not Otherwise Specified;



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(d) Communication Disorders (Expressive Language Disorders, Mixed Receptive Expressive Language Disorder, Phonological Disorder, Stuttering, and Communication Disorder Not Otherwise Specified;

AND

Members must also have a significant impairment or limitation in adaptive behavior or functioning according to a standardized tool:

- a. CAFAS: the eight (8) scale composite CAFAS score is at least fifty-one (51)
- b. CANS: assessment scores indicate a 2 or higher in both of the following sections: "Child Behavioral/Emotional Needs" AND "Life Domain Functioning".
- c. The PECFAS and/or ASQ: SE: these tools indicate possible functional impairment(s) and together with other clinical information a comprehensive view of the child is developed and the need for case management services is identified.
- 29. Is it anticipated that any person who fits the basic eligibility requirements set forth would otherwise be excluded for any other reason for participating in the health homes and what are those possible reasons?

Members may be excluded because they wish to retain other services that duplicate BHH, such as TCM, Community Integration, or Stage A Health Home services, or because they wish to retain a PCP that is not participating in the program. These members may retain their current services. Members may also be excluded due to not having full MaineCare benefits.

Enrollment/Notification/Choice

30. Please clarify the

Members who are receiving BH TCM or Community Integration 17.04-1 from a participating



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process of enrolling a member in a BHH.	BHHO will be enrolled as BHH members at that organization (or site). Members will receive an "opt out" letter that explains the service. These members can choose to enroll, opt out of the service, or choose to go to a new or different BHH site.
31. It appears the starting point will be to offer enrollment to those already in programs such as TCM or Section 17 - Community Integration, but how will members who are newly qualified be connected with agencies going forward?	Members who have never received TCM or CI services may, after being determined eligible for the service, choose to go to any BHHO in their area. MaineCare will also send a notification to members who may be eligible, letting them know about the service and providers in their area.
32. How will members opt out?	The opt out letter described will provide members with a MaineCare number to call if they do not want to be enrolled. Members who want to opt-out will remain in TCM or CI services.
33. Is there a limit to how often and when people can opt in/opt out?	No.
34. Can agencies help patients who seem to meet criteria, apply for BHH services, and what	Organizations can assist patients who may be eligible in accessing the service; members will need to go through the APS PA process to determine eligibility.



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would that process be?	
35. The RFA states "[i]f the member is no longer in need of the BHHO level of service, the member may receive services solely from the HPP. In those instances, only the HHP receives a PMPM payment." What entity will determine that a member is no longer I need of a BHHO level of service?	Detail on service design is subject to change due to CMS review, and the review of the Office of the Attorney General. Because concerns have been raised about the legality of the "stepdown" feature, MaineCare has decided to eliminate this from the design.
36. Can you provide the referral and enrollment process planned for MaineCare members assigned to a particular Accountable Care Community, that have not before received TCM or CI services, and how choice of providers will be	The process for members new to the service will be similar to how any MaineCare member currently accesses behavioral health services. MaineCare Accountable Communities are not gatekeeper organizations and may not limit member choice of providers.



maintained regardless of whether a particular BHH provider is part of an ACC?	
37. If an agency provides both TCM and pilots BHH in one office, does a letter get sent to all members served by the agency or just those associated to the BHH? Would members at other sites choosing not to pilot it receive the letter?	Members receiving services at the BHH location will be enrolled at that location and receive notification. As required by CMS, members that are eligible for the service but not enrolled (for instance, members at other locations/agencies not offering BHH) must receive written notification of their eligibility for the service, and the locations in their area where these services are available.
38. What methods and how far in advance of the implementation date will members be notified of this new service and the choice they need to make?	Mainecare is planning to notify members of the service and enrollment in mid-February. Providers will be notified of the content and timing of this letter.



39. Original MaineCare	As discussed, only members receiving Children's BH TCM or 17.04-1 CI services at
presentations re: BHH's	participating organizations/sites will be automatically enrolled. These members will need to
led one to believe that	opt-out if they do not wish to participate.
all members receiving	
TCM or CI at the time of	
BHH implementation	
would be enrolled in a	
BHH, and they would	
need to consciously	
OPT OUT, if they did	
not want BHH services.	
Has that changed? The	
RFA language leads one	
to believe that it is now	
an OPT IN process:	
"Participation in	
Behavioral Health	
Home services is	
entirely voluntary.	
Members may choose	
to receive BHH	
services, or may	
remain with their	
current services"	
40. Is it expected that	There is no expectation that choice will be limited.
individuals will not	
have a choice about	
enrolling in a BHH at	
some point?	



41. What is the plan for communication with consumers and parents?	MaineCare has been working with OCFS and SAMHS in identifying and leveraging opportunities to connect with consumer and family organizations in order to provide education and information on the Behavioral Health Home model, and this work will continue. In addition, MaineCare will be partnering with consumer organizations to assist in development of member outreach and education materials. More directly, participating agencies will also be expected to reach out and provide materials to their members in advance of implementation.
Impact on other services	
42. Can you provide both BHH services and traditional section 17 services?	Yes; however, members may not receive both BHH and Community Integration (17.04-1) or TCM at the same time as this will be deemed a duplication.
43. Can a member receive case management services outside of the Behavioral Health Home?	No, but the member has a choice of services and may choose to receive TCM or Community Integration instead of BHH services.
44. Will section 28 services be separately billable?	Yes.
45. In the long term is it the Department's intent to discontinue TCM and ACIS services?	There is no intent or plan to discontinue these services.
Billing/reimbursement	
46. What is the time frame to deliver "at least one	Per month.



documented hour of BHH services" - is this	
per month or per some other time segment?	
47. How will we bill this?	Billing will be monthly based on the number of members served as identified by the provider in the Health Home Enrollment Portal. Providers will receive payment via EFT (Electronic Fund Transfer) or check. Payment information will appear on Remittance Advice (RA).
48. Will there be flex funds similar to Stage a HH?	MaineCare does not provide flex funding to providers under Stage A. As in Stage A, providers will receive a PMPM payment.
49. Will service provider tax be applicable to the BHH care coordination as it is with CIS?	This is under review.
50. If member enters or exits on the 15th of the month, will PMPM for month be paid?	As in Stage A, MaineCare anticipates that providers will be paid based on a snapshot of members enrolled in the program on the 21st of the month.
51. What is 'scanning for gaps in care"?	"Scanning for gaps in care" means that the Health Home practice is using population-based systems and procedures, such as patient registries, to monitor patient needs. MaineCare has developed the Health Home Utilization report to assist practices in scanning for gaps in care using the most recent MaineCare claims data to identify members with ER use, hospital admissions, polypharmacy, and other key utilization indicators. Practices have access to this information for all members of their Health Home practice, and scanning this data on a monthly basis to identify care needs is an example of scanning for gaps in care.
52. The RFA states that	MaineCare will be gathering data throughout the initial two years of the BHH implementation
"The State will review	to determine the adequacy of rates and identify any changes necessary to support the service
rates to ensure that	economically and efficiently. In particular, Mainecare will be reviewing rates and service



	rates are economic and efficient. MaineCare will continue to base payments on the costs of staff to provide the BHH services to eligible MaineCare members."	utilization to determine the adequacy of the rate structure in serving both high and lower needs members. Any rate changes would need to be done via a State Plan Amendment.
	rates and the adequacy of such be reviewed? 53. What factors has/will	MaineCare reviewed average per member per month cost and utilization across all
_	the disparities in service delivery capacity in rural/frontier areas play in determining the rates?	organizations delivering community integration and/or TCM services. Although there were significant differences in the PMPM cost based on agency, these differences did not appear to be driven by location in a rural/frontier area.
	54. What rates, for what disciplines, and in what geographic area were	Costs were developed based on Bureau of Labor Statistics for the State of Maine, and include 30% fringe and 30% indirect costs. Please see the cost assumptions document posted at the BHH website:
	used to develop the current PMPM rates?	http://www.maine.gov/dhhs/oms/pdfs doc/vbp/HH/Behavorial%20HH/BHHratesandstaffingassumptionsNov2013.xls
	55. How did the rate	MaineCare developed the cost assumptions for the service, including proposed staffing,
	setting methodology factor in the cost of	indirect, and fringe costs. Mainecare then reviewed current average PMPM cost (based on utilization/claims data) across all CI and TCM agencies. These utilization averages
	serving high-needs members?	(adults/children) were further adjusted after discussion with provider organizations by removing members with low utilization (this represented the low end utilization for



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	approximately 26% of members).
56. With regard to the \$35.00 PMPM for the first six months regarding outreach, education and enrollment efforts, please provide the methodology for the calculation of the rate, including assumptions about which position	approximately 26% of members). The \$35.00 PMPM is subject to approval from CMS; MaineCare anticipates that this payment will be provided during the first three months as opposed to six months. This add-on payment reflects recognition by MaineCare that initial engagement activities, including education to and coordination with the member regarding primary care, may require additional staff/team time. MaineCare estimates this additional staff cost at 10-15% of team time per member.
about which position will perform the	
specific	
responsibilities, the	
number of hours per month each position	
named above will	
complete this work per	
client, and assumptions	
on how much time	
MaineCare determined	
will be necessary per	
month per client for	
outreach, education	
and enrollment.	
57. Will the MaineCare	MaineCare rules are still being drafted, but it is not anticipated that the rule will include a
rules identify a	maximum caseload.



maximum # of members per care manager (caseload	
maximums)? 58. Will outpatient therapy services continue to be reimbursed on a fee for	Yes.
service basis and separated from BHHO core services?	
59. Can medical practices that are included in the BHH bill for medical services – in addition to the \$15PMPM fee?	Yes
60. What are the services that are to be included in the PMPM fee? What can be billed to the client in excess of the fee (transportation, ED visits, specialty care)	Services included in the PMPM fee structure are described in Part V of the RFA. These services are Comprehensive Care Management, Care Coordination, Health Promotion, Comprehensive Transitional Care, Individual and family Support, and Referral. Other services, such as transportation, ED visits, therapy, etc. would be billed to MaineCare outside of the BHH PMPM rate, as per the applicable Mainecare Benefits Manual section.
61. Do rate costs include consideration for consultation and collaborative work needed for individual	Yes. Rates do not require a specific face-to-face service but can include collateral contact, phone consultation, and team meeting time.



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consumers and for development of effective relationships between provider entities? 62. What are the specific criteria for BHHO to be reimbursed for services to a consumer? Is it based on an encounter and would this be face to face and must it be with the consumer?	The BHHO must deliver at least one hour of service per month to the enrolled consumer. Services may be delivered in an office, home, or community setting. Services may be delivered face-to-face, via phone, secure email or other means, or in a group setting. Services include collateral contact with members of the treatment team or other providers/supports. Unless otherwise noted, specific services and how they are delivered (and by whom) shall depend on the needs identified in the member's plan of care. Services shall be documented in the member's record.
Provider participation	
63. Can an agency with no prior experience with Targeted Case Management apply to have BHH services for children?	Yes; however agencies must be licensed to provide Community Mental Health Services, have a contract to deliver Children's Behavioral Health Services with the Office of Child and Family Services, and be a participating MaineCare provider.
64. Will it be a separate portal or the same as HHP?	The same portal as for Stage A Health Homes.
65. If an agency applies for	Yes; however Mainecare will require notice and time to transition members to other services



	the state of the s	
	and is accepted for	as per MBM Chapter I.
	enrollment as a BHH,	
	but cannot enroll	
	enough members to	
	make the program	
	financially effective-	
	can the agency	
	terminate the contract?	
	66. The BHH application	Yes, organizations must have the appropriate community Mental Health license prior to
	asks to indicate	implementation of the BHH. This licensure must be specific for the site and the type of
	whether "Our	service to be delivered; new mental health licenses or additions to existing licenses require a
	organization is licensed	site visit that can take approximately 30 days to schedule. Please consult directly with DLRS
	to provide Community	in order to determine exactly what your organization may need. Organizations must also
	Integration services to	have a contract with either the Substance Abuse and Mental Health Services, or with the
	adults." It is our	office of Child and Family Services to provide mental health services to children and/or
	understanding that	adults.
	Community Integration	
	is included under	
	Community Support	
	Services. We have a full	
	license to operate a	
	Mental Health Agency	
	to provide Community	
	Support Services. Does	
	that make our	
	organization eligible to	
}	become a BHHO?	
	67. Can an organization be	Yes.
	a Stage B primary care	



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health home and a BHHO and receive PMPM reimbursement for both?

Provider communication/outreach

68. What is the plan for provider engagement in terms of frequency, method and goals for engagement with providers? Considering the enormity of this change in service delivery and reimbursement, it would be helpful if DHHS did not limit the #'s of individuals that can attend its presentations/forums/ listening sessions. For larger organizations, there are often multiple individuals directly involved with new initiatives who would all benefit from hearing/learning first

Mainecare, via the State Innovation Model, will be contracting with Maine Quality Counts to provide a learning collaborative for BHH providers to assist in implementation, refinement of the model, quality improvement, and technical assistance. The Learning Collaborative will provide learning opportunities and other supports to participating providers and their designated leadership teams. Due to limited resources, participation in the learning collaborative activities may be limited to identified teams from each BHHO.



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hand due to their	
varying	
perspectives/roles.	
69. Which specific offices	Contracts will be managed by OCFS and SAMHS.
or entities within the	
Department will be	
managing the contracts	
with BHH providers?	
70. What if any additional	Providers that plan to provide BHH services for adults will be required to complete a SAMHS
contractual terms or	BHH contract. Providers of BHH services for children will operate these services under
requirements will exist	existing OCFS children's behavioral health contracts.
in addition to	
MaineCare regulatory	
and federal regulatory	
requirements?	
State Plan Amendment and	
71. What is DHHS's	MaineCare anticipates SPA submission to CMS in early December, 2013.
anticipated submission	
date for the SPA to	
CMS?	
72. What is DHHS's	MaineCare's Stage A SPA was approved within 90 days. However, we cannot control the CMS
anticipated timeline for	approval timeline.
receiving a	
response/approval for	
the SPA from CMS?	
73. Does DHHS intend to	Yes, if necessary.
begin implementation	
of Behavioral Health	



Homes before receiving approval from CMS? 74. If CMS does not unlike other SPA processes, CMS encourages states to work with CMS upfront submission. MaineCare and CMS have been in discussion with CMS about the	
74. If CMS does not Unlike other SPA processes, CMS encourages states to work with CMS upfront	
r i i i i i i i i i i i i i i i i i i i	
approve the SPA in the submission. MaineCare and CMS have been in discussion with CMS about the	t, prior to SPA
* *	SPA and hope
form it is submitted, to identify and resolve any issues prior to submission.	
what delay will that	
cause to the	
implementation of	
Behavioral Health	
Homes? Is there a Plan	
B for the model and for	
communications with	
both consumers and	
providers?	
75. By what date does Mainecare will propose the BHH rule in December and plans to have the BHH	rule in place by
MaineCare envision April 1, 2014.	
having all related BHH	
rules in place in the	
MaineCare Benefits	
Manual?	
Core Expectations and Clinical Requirements	
76. Under Core Population risk stratification and management refers to processes for proactive	vely identifying
Expectations, what is and assessing individuals across the practice population who may be at risk for	or adverse
"Population Risk outcomes, and then directing resources or care/care coordination processes t	to help reduce
Stratification and those risks.	
Management"?	



77. Population risk stratification and management: Behavioral health homes do not typically have experience in this area. What specific guidance, tools and training does MaineCare intend to share/develop with and for providers prior to the Application Deadline of December 6, 2013? 78. What will be the	MaineCare expects providers to be working toward achievement of the core expectations during the first year of BHH participation. MaineCare will provide support to providers on this and other core expectations via the Learning Collaborative. This will not be prior to the application deadline, however. Core expectations will be tracked via quarterly reporting as part of Learning Collaborative
process for notification to a provider that it is not meeting a particular Core Expectation Benchmark?	activities. Providers will do self-assessment and work with QI specialists to identify actions plans to address problem areas. Providers must meet core expectations within one year of BHH participation, or risk being terminated from the program. MaineCare will notify providers in writing.
79. What entity will be responsible for the review of provider performance with regard to meeting Core	Maine Quality Counts will support providers in working toward implementation of the core expectations, and will monitor quarterly self-assessment on progress toward these goals. However, MaineCare is ultimately responsible for determining compliance with the rule, including core expectations.



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Expectation	
Benchmarks?	
80. Under Paragraph 6 of	The functional components will also be part of the quarterly review process. These
this section, are all of	components must be in place within 18 months of implementation. In addition, Mainecare
the core functional	anticipates that all BHHO providers will be working toward the adoption of an EHR if they do
components listed A-K	not have that capacity on day one, and in the interim should be able to send and receive
expected to be in place	encrypted email in order to share PHI among treating providers.
on Day 1 of	
implementation (April	
1, 2014), and if not,	
what are the specific	
expectations for each	
lettered component in	
that section?	
81. Under Paragraph 6 of	MaineCare rule will provide guidance on the components of an integrated plan of care prior
this section, letter I	to implementation.
refers specifically to a	
patient-centered care	
plan. Will MaineCare	
commit to providing a	
template of the care	
plan it envisions for	
this purpose to	
providers before Day 1	
of Implementation?	
82. Under Paragraph 6 of	MaineCare will establish a quality framework that collects and tracks data across the BHH
this section, letter K	initiative on a number of measures (see BHH RFA, section VII). However, each BHHO
refers to establishing a	organization must also establish internal CQI processes that enable them to track and
"continuous quality	evaluate their BHHO efforts. The BHH Learning Collaborative may provide additional and



improvement (CQI)	technical assistance for these activities.
program", and	
collecting and	
reporting on data that	
"permits an evaluation	
of increased	
coordination of care	
and chronic disease	
management on	
individual-level clinical	
outcomes, experience	
of care outcomes, and	
quality care outcomes	
at the population level."	
Will MaineCare commit	
to providing a "road	
map" of sorts that	
provides an example of	
the types of data	
collection, reporting	
and evaluation of both	
individual-level clinical	
outcomes and quality	
care outcomes at the	
population level	
required?	
83. Inclusion of patients &	Examples of this Core Expectation include:
families in	• processes in place to support members and families to participate in leadership and/or
implementation of BHH	advisory activities;



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model. Please provide
an example of what
MaineCare envisions
with this core
expectation,
considering that
patients and families
are already at the core
of planning and
delivery of case and
care management
services?

- implementation of systems to gather member and family input at least annually (through mail surveys, phone surveys, point of care questionnaires, focus groups, or other methods); and
- Processes in place to design and implement changes that address needs and gaps in care identified via member and family input.

84. Commitment to reducing waste and unnecessary health care spending. We can all agree on the importance of this core expectation, but can MaineCare provide examples (other than reduced hospital admissions and reduced unnecessary ER visits/diagnostic testing/prescriptions) of how it envisions

Out of home placement is another significant cost driver for children that could be the focus of cost reduction, as appropriate.



9,	
BHHs impacting this	
expectation for	
children?	
85. The RFA states "the	These issues will need to be addressed via communication and agreement between the BHHO
organizations will	and HHP partners. In Stage A, MaineCare indicated that communication between these
provide integrated and	entities occur at least monthly.
coordinated BHH	
services, including the	
method for regular and	
systematic provider to	
provider	
communications,	
sharing patient	
information securely	
across organizations;	
and timely	
collaboration in	
comprehensive person-	
centered care	
management and plan	
development." Is there	
a best practice in terms	
of the method,	
frequency and manner	
of communications	
between HHPs and	
BHHs that MaineCare	
will share prior to Day	
1 of Implementation?	



_	9-,	
Ī	86. The RFA describes	MaineCare expects that providers will be supported in these and related issues via the BHHO
	features of a Health	Learning Collaborative.
	Home that differentiate	
	it from case	
	management services,	
	including "Population-	
	based: tools, such as	
	patient registries, are	
	used to identify needs	
	across the member	
	panel." Does MaineCare	
	intend to provide a	
	template for a patient	
	registry that will be	
	most effective for a	
	Behavioral Health	
	Home?	
	87. Other than the CAFAS	MaineCare is not recommending or requiring specific tools be used in this assessment but
	and the CANS listed as	leaves this to the clinical discretion of provider agencies. The assessment upon which the
	eligibility assessments	plan of care is based is rolled into the PMPM. For adults, assessment of all of these domain
	for children with SED,	areas every 90 days is a requirement of the Consent Decree and ISP planning process.
	what tools will	
	MaineCare recommend	
	or require BHH's utilize	
	to assess for "medical,	
	behavioral, social,	
	residential,	
	educational, vocational	
	and other related	



Tuoi k. Lei age, Governor Mary C. Ma	ynew, Commissioner
strengths and needs?"	
Is the assessment	
requirement rolled in	
under the PMPM	
reimbursement if the	
person is eligible and	
elects to enroll in the	
ВНН?	
88. Please clarify as to	Mainecare is focusing on enhancing current case management/CI capacity, and does not
whether the state is	expect the BHHO to provide direct services beyond those listed as covered services in the
seeking to have a	RFA.
case/care management	
focus or an approach	
similar to an ACT team	
that includes most of	
the direct care services.	
Documentation/Compliance	e
89. The RFA states	Each organization is expected to maintain its own record to document service delivery and
"[s]ervices shall be	compliance with MaineCare rules and regulations.
documented in the	
member's record." In	
most cases, the	
Behavioral Health	
Home will have its own	
record keeping system	
or EMR, and the HHP	
will have its own	
system as well. Even	



, ,	
with linkages to	
HealthInfoNet and the	
use of secure e-mail,	
neither record will	
necessarily be	
complete. Which	
record does MaineCare	
envision as "the	
member's record"?	
90. In sub-section E,	The commitment letter is signed by the organization's authorized representative and states
Application Review &	that the organization shall participate in the BHH services as of April 1, 2013. The terms and
Eligibility Notification,	conditions for participation will be encompassed in Mainecare regulation. Once that
you state that	commitment by the authorized representative has been received, MaineCare will begin the
MaineCare must	process of identifying and notifying the organization's members.
receive and have on file	
a Commitment Letter	
signed by the	
authorized	
representative of the	
approved organization.	
What are the terms and	
conditions that are	
required in the	
Commitment Letter?	
91. From the Stage A	MaineCare has not tracked this information.
initiative, what is the	
average documentation	
time per client per	
month for Health	



Homes? For CCT's?	
Service Definitions	
92. Under Comprehensive	Mainecare does intend to develop some informational materials as a part of the roll out of
Care Management: The	BHH. Materials will be available prior to member notification in February, 2014.
RFA discusses the	
"intensive and	
individualized	
outreach, education	
and support to the	
member (and family, as	
appropriate) regarding	
BHH services and	
benefits" Is	
MaineCare going to	
develop the	
educational materials	
regarding BHH's that it	
intends for this	
purpose, particularly	
regarding benefits of a	
BHH and information	
sharing of PHI? If so,	
when will those	
materials be available?	
93. Under Health	No, MaineCare will not be developing these tools although the Learning Collaborative will
Promotion: The RFA	provide guidance and information to providers on these kinds of practice improvement



create smooth

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includes "populationissues. based strategies (such as the use of disease registries) that enable systematic engagement and outreach to members about services needed for both preventive and chronic care" as one of the services required of a BHH. Is MaineCare going to develop the population health management tools for BHH's? If so, when will they be available? 94. Under Comprehensive While these issues do have applicability to the role of the BHHO in Maine's system of care for Transitional Care children, this question is outside the scope of this Q&A, which pertains to the BHHO RFA. Services: All of the bulleted points within this section are clear about the BHH's responsibility to work with different types of healthcare facilities to



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transitions to lower levels of care, create continuity in care and follow-up postdischarge, etc.... Currently, with regard to children, there is a back log who meet the level of care for various services, but cannot be admitted because there are no open beds, or the community supports needed for safety are not there. What systems changes does DHHS envision that will enable these discharges and create availability of lower level placements so that a BHH can be most effective?

Quality and Reporting Framework

95. In Goal 1, Reduce Inefficient Healthcare Spending, "Percentage of Members with Fragmented Primary Although connection to primary care is required, MaineCare is still interested in identifying fragmentation of care, indicated in this measure by the number of different providers visited, the proportion of attended visits to each provider, and the total number of visits.



Care" is identified as a	
potential indicator for	
measurement. If the	
BHH has a HH practice	
affiliation and	
connection with a	
primary care provider	
is required, how	
necessary and valid is	
this indicator?	
96. Can MaineCare commit	Yes, MaineCare will post quality measures prior to the application due date.
to providing the final	
details on its Quality	
Framework and	
measures before the	
December 6th BHH	
application due date to	
give providers the	
ability to determine if	
their systems will be	
able to meet the goals?	
97. With regard to "Goal 1:	Number of behavioral health residential treatment bed days per member per month -
Reduce Inefficient	(Breakout for adults 18 years and older and for children/youth – birth to 17 years)
Healthcare Spending"	
and the inclusion of	
"Out of Home	
Placement Days for	
Children" as part of	
that definition, how is	



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DHHS defining "Out of Home Placement Days for Children"?

98. Residential treatment programs are intentional placement options where both DHHS and families make a choice to admit a child who requires the highest level of medically necessary healthcare services available outside of hospitalization. Children's residential treatment is heavily managed by both DHHS and APS as a medically necessary Medicaid service and the designed efficiencies of informed and early discharge planning, continuous quality clinical reviews and the partnerships between providers, families and DHHS meet the needs

Understanding that residential placement is a necessary component in children's mental health services, it also represents the inability of the system to support that family and child in a less restrictive setting. To the extent that services and supports can be identified and coordinated to enable children to remain at home and in the community, additional costs incurred to provide residential placement can be seen as inefficient health care spending.



, ,	
of each child within the	
allocated State	
resources. If DHHS	
defines "Out of Home	
Placement Days for	
Children" to include	
children's residential	
treatment, what is the	
rationale for including	
it under the heading of	
"Inefficient	
Healthcare Spending"?	
99. Under Goal 4:	Mainecare has attempted to limit BHH measures to those that can be supported via claims
Promotion of Wellness	data or data that is already being collected in some manner. Smoking Prevention/Cessation
and Prevention, why	is an example of a very important and applicable measure for this focus population.
not include Smoking	However, identifying, collecting and reporting on this measure (which would involve clinical
Prevention and	data) is not feasible at this time. This would not prevent an organization from initiating and
Cessation Education for	tracking a smoking cessation initiative as a part of its BHH health promotion activities.
both Children and	
Adults?	
100. Will there be	No; the BHH initiative is focusing on integrating care for individuals with serious mental
indicators for	health needs.
Intellectual and	
Developmental	
Disabilities and what	
will those be?	
101. Will	The list of measures will be posted to the BHH web page for review and feedback. In addition,



development of performance measures include involvement by consumers, parents and providers?	Mainecare will be participating in a broader behavioral health measures process via the State Innovation Model. Measures designed through this process will inform the next iteration of the quality framework.
of the Quality and Reporting Framework (page 11-12) will come from Mainecare and which will come from the reporting of individual BHHO's? For instance, will ED utilization come from MaineCare's data base or will it be through client self-report through a vehicle such as APS?	The quality measures, including detail on what data will be collected to calculate the measures, will be posted prior to the close of the application period. The intent in the selection of measures has been to align measures across initiatives to the extent possible (i.e., with Stage A Health Homes and Accountable Communities), to use nationally-recognized measures when possible, to minimize the reporting burden to providers by use of claims-based measures or existing reporting processes, and to select measures that can be impacted by the work of the BHH. Certain measures required by CMS do involve the use of clinical (EHR-derived) data, and MaineCare is working with Health InfoNet and others through the SIM process to identify how the data required for these measures will be collected.
103. Will there be quality forms developed by DHHS to be submitted in a monthly/quarterly basis – or do you expect agencies to	Agencies will submit quarterly self-reports to Maine Quality Counts that describe progress toward core expectations. The form will be provided.



develop their own data forms?	
Data and Health Informatio	n Technology
104. Why is hospital	MaineCare has excluded this information from the current data set for Stage A due to Maine's
data regarding IMDs	mental health confidentiality statute and the federal (42 CFR part 2) substance abuse
and psychiatric	confidentiality regulation. MaineCare will explore the possibility of expanding this data set to
specialty hospitals, and	support BHH providers.
substance abuse-	
related detail from	
specialty substance	
abuse services	
excluded from the	
information that	
Behavioral Health	
Home providers will	
have access to?	
105. Will all of these	That is MaineCare's intention.
data systems and	
access to them be	
available on Day 1 of	
Implementation of	
BHHs (April 1, 2014)?	Main Control in the state of th
106. Will MaineCare	MaineCare and its vendor plan to test these systems prior to start up, yes.
commit to work with	
all BHH providers and test the access to these	
systems before Day 1 of	
Implementation to	



assure a smooth start-	
up?	M: C
107. What are the	MaineCare expects providers. At the end of the two-year period, to have implemented an EHR
specific requirements	that supports Clinical EHR Functions, such as Intake, Clinical Care, Task Management, and
for the components of an Electronic Health	case management where appropriate. The EHR should have HL7 interoperability capabilities with trigger events to support the electronic sharing of portions for the patient's record, for
Record in terms of	example: clinical assessments, care plans, continuity of care document (CCD).
capacity,	example. Chilical assessments, care plans, continuity of care document (GCD).
interoperability, and	
reporting? Agencies	
are in the process of	
developing systems	
and need clarification	
about system capacity,	
hardware and software	
standards, security	
system requirements	
and	
communication/interfa	
ce/download system	
requirements. What	
specific financial and	
technical resources are	
available to support	
development,	
implementation and	
enhancement of IT	
efforts with BHHO's?	
How will BHHO's	



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access and interface with Health Info Net? Will there be support for providers in accessing HIN?

Supports for Behavioral Health Home Providers

The RFA states 108. "MaineCare will develop BHH infrastructure through the following initiatives funded under the state's State Innovation Model (SIM) test" and lists three areas under development. With regard to "BHHO **Health Information** Technology" and the "limited number of behavioral health providers" that can receive funds to develop and adopt electronic health records, when will the criteria and application for those funds become available?

The criteria for the RFP process are being developed under the State Innovation Model Initiative; the RFP itself will be released by Health InfoNet and is slated for release in January. Mainecare is also working to identify additional resources to make available to providers who do not meet minimum RFP criteria.



109. With regard to "Workforce development", is there a national model of training/curriculum that MaineCare intends to use as the basis for its training?	MaineCare has not selected a curriculum, but plans to work with a vendor and stakeholders in the development or identification of a curriculum to enhance the capacity of mental health providers to deliver integrated services to eligible members.
110. Is MaineCare committing to providing the BHH curriculum to all BHH providers?	Yes.
111. Does MaineCare intend to develop a train the trainer program for the curriculum?	Mainecare has not yet identified the specifications for this work, which is being funded and developed under the SIM.
112. Will there initially, or later, be a cost to BHH providers to access the training curriculum developed by MaineCare?	This has not yet been determined.
113. Will MaineCare make all of these activities accessible	This level of detail is not yet available, but it is the intention of MaineCare to make this training accessible and available to providers.



and available for webinar/e-learning participation vs. expecting providers to travel long distances, thus negatively	
impacting access to service and driving	
unnecessary cost?	
RFA Process:	
114. Please provide a complete copy of the questionnaire for review in a standalone document to support review and preparation prior to inputting the information into Survey Monkey?	The stand-alone PDF is available on the BHH web page.
space for only five BHHO sites. What is the process for including more than five sites?	MaineCare will amend the application to include additional space.
116. Question 23 asks, "Does your agency have a partnership with at	Assuming you will be providing both the BHHO and the HHP components of the service, so the answer to the questions would be "yes".



least one Health Home	
Primary Care Practice."	
We are a Health Home	
Primary Care Practice	
with multiple sites.	
How should we answer	
this question?	
117. Question 24	Yes.
asks us to indicate the	
number of primary	
care practices with	
which we plan to	
partner. Does this	
include our own health	
home sites, as well as	
health home sites of	
other organizations?	
118. Miscellaneous	
119. What is the	While MaineCare has made some initial estimates on enrollees based on informal interest
estimated number of	from provider organizations, we cannot provide a meaningful estimate of enrollment before
enrollees at the start	the close of the application period.
and during the first	
year of the BHH by	
county, age and	
diagnoses?	



120. What is the plan	MaineCare understands that this is a concern and will take this into account as we develop
for unification of	systems and supports for BHH.
systems and	
simplification of data	
entry and collection of	
quality data?	
121. What if any	MaineCare has worked on these issues as part of the development and roll out of Stage A that
planning is being done	it can share as part of the development process.
regarding resolution of	
privacy and	
confidentiality issues	
that continue to inhibit	
collaboration efforts?	
The state can take a	
lead role in developing	
clear guidelines and a	
process to mediate and	
resolve differences	
between providers.	
122. Does MaineCare	
intend to require that	
all Accountable Care	
Communities partner	
with all BHHs in their	
geographic regions?	
123. What is the	MaineCare members, including people who use community mental health services, have
motivation for a	expressed frustration at the difficulty they encounter in accessing and maintaining
Mainecare recipient to	relationships with primary care, in managing their mental and physical health care needs,
choose this?	and in the lack of integration across service systems. While the BHH may not be the right



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choice for everyone, many MaineCare members anticipate that this will help them better manage their care.



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Appendix A Staff Qualifications Draft

(1) Psychiatric Consultant – shall be a psychiatrist who has current and valid licensure as a physician from the Maine Board of Licensure in Medicine, and who is certified by the American Board of Psychiatry and Neurology Psychiatric medication management or is eligible for examination by that Board as documented by written evidence from the Board, or has completed three years of post-graduate training in psychiatry approved by the Education Council of the American Medical Association and submits written evidence of the training; OR an advanced practice psychiatric and mental health registered nurse who is licensed as a nurse practitioner or clinical nurse specialist by the state of Maine, has graduated from a child and adolescent or adult psychiatric and mental health nurse practitioner, or clinical nurse specialist program, and is certified by the appropriate national certifying body; OR an organization licensed by the Department to provide medication management services pursuant to Chapter II, Section 65 of the MaineCare Benefits Manual.

The Psychiatric Consultant shall consult with the member and other BHHO and HHP professionals as necessary, and provide coordination of each member's psychiatric service and medication needs.

Under Section 92, the Psychiatric Consultant shall provide neither psychiatric services nor psychiatric medication services, nor shall the Psychiatric Consultant duplicate any other psychiatric services that may be necessary and provided through other sections of the MaineCare Benefits Manual.

(2) Nurse Care Manager – shall be a registered nurse, nurse practitioner, licensed practical nurse, or advance practice nurse, as defined by the Maine State Board of Nursing.

The Nurse Care Manager shall provide primary care consultation, psychiatric care consultation, and other Section 92 services as necessary, pursuant to the Plan of Care.

(3) Clinical Team Leader – shall be an independently licensed mental health professional, who may be a physician, physician's assistant, psychologist, licensed clinical social worker, licensed clinical professional counselor, licensed marriage



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and family therapist, registered nurse, psychiatric nurse, advanced practice registered nurse, or an advanced practice psychiatric nurse; OR a person who was employed on August 1, 2009 as a case management supervisor under the former Section 13 of Chapter II of the MaineCare Benefits Manual. Such staff shall be considered qualified to serve as a Clinical Team Leader for purposes of this rule.

The Clinical Team Leader shall direct care management activities across the BHHO, provide supervision of Health Home Coordinators and Certified Intentional Peer Support Specialists, and ensure that the BHHO meets its requirements as a whole.

- (4) Certified Intentional Peer Support Specialist (CIPSS) is an individual who has completed the Maine Office of Substance Abuse and Mental Health Services curriculum for CIPSS and receives and maintains that certification. The CIPSS is an individual who is receiving or has received services and supports related to the diagnosis of a mental illness, is in recovery from that illness, and who is willing to self-identify on this basis with BHH members. CIPSS for children's services is an individual who has completed the designated Maine Office of Child and Family Services curriculum for peer supports and receives and maintains that certification.
- (5) Health Home Coordinator for Members with Serious Emotional Disturbance (SED) shall be an individual who has a minimum of a Bachelor's Degree from an accredited four year institution of higher learning, with specialization in psychology, mental health and human services, behavioral health, behavioral sciences, social work, human development, special education, counseling, rehabilitation, sociology, nursing, or closely related field; OR who has a Bachelor's Degree from an accredited four year educational institution in an unrelated field and at least one year of full-time equivalent relevant human services experience; OR a who has Master's Degree in social work, education, psychology, counseling, nursing, or closely related field from an accredited graduate school; OR who has been employed since August 1, 2009 as a case manager providing services under Chapter II, Section 13 of the MaineCare Benefits Manual.
- (6) Health Home Coordinator for Members with Serious and Persistent Mental Illness (SPMI) shall be an individual who is certified by the Department as a Mental Health Rehabilitation Technician/Community (MHRT/C).



(7) Medical Consultant – shall be a physician licensed by the State of Maine to practice medicine or osteopathy, or a Certified Nurse Practitioner who is a registered nurse who meets all of the requirements of the licensing authority of the State of Maine to practice as a Certified Nurse Practitioner.

The Medical Consultant shall collaborate with other providers of BHHO services and the HHP (at least 4 hours/month) to select and implement evidence-based clinical initiatives, lead quality improvement efforts, evaluate progress, and convene provider clinical quality improvement meetings.